

## 2012 Joint Replacement Pre-Op Class Schedule



1301 N. Rose Dr.  
Placentia, CA 92870  
Meeting Room #1  
[www.placentialinda.com](http://www.placentialinda.com)

*Topics include:*

- *Joint Replacement Surgery Overview*
- *What to Expect*
- *Rehabilitation & Nutrition*
- *Physical Therapy Routine*
- *Hospital Tour*

To help ensure your joint replacement surgery is a pleasant experience, we offer our "Joint Pre-Op Education Class" to help get you ready for surgery at Placentia-Linda Hospital. This is your first step to getting back in the game!

**Day Class Schedule**  
**(9:30 a.m. to 11:00 a.m.)**

|                |                  |
|----------------|------------------|
| January 12, 26 | July 12, 26      |
| February 9     | August 9         |
| March 8, 22    | September 13, 27 |
| April 12       | October 11       |
| May 10, 24     | November 8       |
| June 14        | December 13      |

**Evening Class Schedule**  
**(6:00 p.m. to 7:30 p.m.)**

February 23  
April 26  
June 28  
October 25

**For reservations, please call 1-866-96-JOINT (56468).  
Please let us know if you will be bringing a guest.**

This class is mandatory for all joint replacement patients. If you cannot attend one of our classes listed above, we do offer an on-line video course at [www.placentialinda.com](http://www.placentialinda.com).

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